

alzheimer's  association®

A MAP THROUGH THE MAZE

*Conference for Alzheimer's
Care Professionals*

#MAP19ALZ

FEATURING DEMENTIA MANAGEMENT IN THE ACUTE CARE SETTING
AND A NEW TRACK: WORKFORCE MANAGEMENT AND TRAINING

Wednesday, May 22, 2019

DCU Center
50 Foster Street
Worcester, MA

- 27 New Topics
- 44 New Speakers
- Six Tracks

REGISTER TODAY AT alzmassnh.org/MAP

Celebrating its 26th year, **A Map Through the Maze**, a practical Alzheimer's and dementia care conference, offers professionals a unique opportunity to learn current and cutting-edge information on a wide range of Alzheimer's related care topics. With 30 breakout sessions offered, there is something for everyone.

WHY YOU SHOULD JOIN US

- ◆ Six unique tracks highlighting cutting edge best practices in dementia care
- ◆ 30 breakout sessions with 27 new care topics and 44 new presenters
- ◆ Interactive and practical sessions
- ◆ Taking Care of Yourself Corner with massage and Reiki practitioners
- ◆ Conveniently located in central Massachusetts with easy access from MBTA Commuter Rail
- ◆ Networking opportunities with 800+ professionals and 70 exhibitors

FEATURING 6 UNIQUE TRACKS

<p>AC Dementia Management in the Acute Care Setting #1, #11, #12, #21</p>	<p>R Advancement in Research: Prevention, Treatment & Care Approaches #5, #13</p>
<p>AME Creating Purpose: Activities & Meaningful Engagement #8, #16, #19, #20, #29</p>	<p>VDD Caring for Individuals with Dementia and Intellectual Disabilities #6, #18, #28</p>
<p>CBDC Community-Based Dementia Care #9, #17, #24, #26, #27</p>	<p>WMT Workforce Management and Training #7, #15, #30</p>

SCHEDULE OF THE DAY

7:45 a.m. - 9:00 a.m.	Registration, Continental Breakfast & Exhibitor Fair
9:00 a.m. - 10:15 a.m.	Opening Remarks & Keynote
10:15 a.m. - 10:45 a.m.	Exhibitor Fair & Coffee Break
10:45 a.m. - 12:00 p.m.	Session A
12:00 p.m. - 1:30 p.m.	Lunch & Exhibitor Fair
1:30 p.m. - 2:45 p.m.	Session B
2:45 p.m. - 3:00 p.m.	Coffee Break
3:00 p.m. - 4:15 p.m.	Session C
4:15 p.m. -	Pick up CEUs or Certificate of Attendance*

**All registrants must sign in and out to receive certificate*



KEYNOTE SPEAKER: DR. SUSAN WEHRY

Dr. Susan Wehry is Chief of Geriatrics at the University of New England College of Osteopathic Medicine. In 2011, Dr. Wehry was appointed Vermont's Commissioner of the Department of Disabilities, Aging and Independent Living (DAIL). During her tenure as Commissioner, Vermont placed first in America's Health Rankings by the United Health Foundation for senior health. Dr. Wehry has lectured extensively on a variety of topics, including biomedical ethics and has inspired policymakers, care partners and human service professionals across the United States. As author of Oasis 2.0, an interdisciplinary person-centered approach training for the care workforce, she has helped transform dementia care across the country.

SOUNDS OF SILENCE: ENDING THE STIGMA OF ALZHEIMER'S DISEASE

For many individuals, sharing their diagnosis of Alzheimer's disease can be frightening and overwhelming. Ageism, fear of memory loss, loss of self and assumptions about the disease are among the many factors that stigmatize persons living with Alzheimer's.

This presentation invites participants to think anew about Alzheimer's disease and to discuss it in ways that recognize a person's strengths, dignity and stories. The use of positive language combined with emphasizing what a person is still able to do versus what he or she can no longer do, can have a significant positive impact on an individual's quality of life. Attendees will gain a better understanding on how to support the "personhood" of individuals living with dementia.

Featured Breakout: Quality End of Life in the Long Term Care Setting

Track: Dementia Management in the Acute Care Setting

Signed into law by Governor Baker in August 2018, *The Massachusetts Alzheimer's and Dementia Act (H.4116)* will improve caregiver and patient experience in the acute care setting by requiring all MA hospitals accountable to the Department of Public Health to implement an operational plan for recognition and management of patients with dementia or delirium in acute care setting.

The Alzheimer's and Related Dementias Acute Care Advisory Committee developed and published a set of recommendations to address quality care for individuals living with Alzheimer's disease or dementias who are hospitalized or seen in the emergency department. Based on these expert recommendations, the Massachusetts Health and Hospital Association worked with the Alzheimer's Association, the Massachusetts Department of Public Health, and the Massachusetts Executive Office of Elder Affairs to create and disseminate guidance paper to inform the development of operational plans.

Attend A Map Through the Maze to learn next steps in developing an operational plan for dementia care in your acute care setting. Learn from experts who are on the forefront of this important work.

9 - 10:15 a.m. Keynote, *Sounds of Silence: Ending the Stigma of Alzheimer's Disease*

Susan Wehry, MD, Chief of Geriatrics, University of New England College of Osteopathic Medicine

10:15 - 10:45 a.m. Exhibitor Fair & Coffee Break

10:45 a.m. - 12 p.m. **Creating an Operational Plan to Address Dementia in the Hospital Setting: Why, When and How**

Alice Bonner, PhD, RN, Senior Advisor in Aging, Institute for Healthcare Improvement, Director of Strategic Partnerships for the CAPABLE Program, Johns Hopkins University School of Nursing; Linda Pellegrini, RN GNP, MS, Division of Geriatrics, UMass Memorial, Member, Medical Science Committee, Alzheimer's Association MA/NH, and Governor's Advisory Council On Alzheimer's Research and Treatment; Judith Johanson, Wife, Caregiver and Advocate

12 - 1:30 p.m. Lunch & Exhibitor Fair

1:30 - 2:45 p.m. **Approach to Care for the Dementia Patient in a General Medical-Surgical Hospital**

David S. Harnett, MD, Attending Psychiatrist & Clinical Professor of Psychiatry, Tufts Medical Center

The Role of the Social Worker in Supporting Caregivers in the Disease Process: In the Acute Care Setting and Beyond

Anne Marie Olsen-Hayward, LICSW, Outpatient Geriatric Therapist, Frisbie Memorial Hospital Geropsychiatry

2:45 - 3 p.m. Coffee Break

3 - 4:15 p.m. **From Policy to Implementation: Making Your Hospital Dementia Friendly**

Sheila Kennedy, MD, Medical Director of Quality/Hospitalist, Emerson Hospital; Terrie Enis, PT, MSPT, Director of Ambulatory Services and Service Line Development, Emerson Hospital; Martha Rafferty, RN, BSN, Director, Emergency Services, Emerson Hospital; Margaret Foley, RN, MSN, Director of Care Management, Emerson Hospital



Exhibitor Fair & Coffee Break 10:15 - 10:45 a.m.

SESSION A 10:45 a.m. - 12:00 p.m.

1. **AC** **Creating an Operational Plan to Address Dementia in the Hospital Setting: Why, When and How,**

Alice Bonner, PhD, RN, Linda Pellegrini RN GNP, MS, Judith Johanson

This practical, interactive session will review examples and best practices of how hospitals are implementing the dementia acute care recommendations, including opportunities and challenges. Highlighted will be organizations which are adopting additional recommendations from other initiatives such as becoming an Age-Friendly Health System and the implementation of the 4 M framework (What Matters, Mentation, Medications, Mobility).

2. **Quality End of Life Care in the Care Setting,**
Susan Wehry, MD

The health care team in long-term care residences are often faced with many difficult end-of-life situations. This session will differentiate palliative care from hospice care, and explain several different end-of-life goals for persons living with dementia. Four factors: empathy, perspective taking, personal experience and moral sensitivity will be discussed that create the foundation for end-of-life decisions.

3. **Management of Behavioral and Psychological Symptoms of Dementia,**
Brent Forester, MD

Determining the cause of behavioral disturbances requires a rational and thorough approach. This session will discuss the use of behavioral strategies and evidence-based pharmacotherapy. A review of the CATIE-AD trial will be presented in the context of effective treatments. Tolerability, safety information and novel treatments will be discussed in relation to making informed treatment decisions.

4. **An Overview of Frontotemporal Disorders: An Interdisciplinary Approach to Care for Patients & Caregivers,**

Brad Dickerson, MD, MMSc, Katie Brandt, MM, Megan Quimby, MS, CCC-SLP and Bonnie Wong, PhD/ABPP-CN

This workshop will provide an overview of Frontotemporal Disorders (FTD), including Primary Progressive Aphasia, with an emphasis on an interdisciplinary approach to clinical care. Participants will learn about the spectrum of Frontotemporal Disorders (FTD), current research efforts for FTD, and how working with professionals across disciplines can improve continuity of care for patients, caregivers and families.

5. **R** **Overview of Leading Edge Research in the Field of Alzheimer's Disease,**
Ksenia V. Kastanenko, PhD

Alzheimer's disease is a progressive neurodegenerative disorder currently without a cure. In light of recent failures of clinical trials focused on testing immunotherapy approaches to treatment, new approaches for therapeutic development are warranted. This session will provide an overview of traditional and novel approaches to therapeutic development while discussing the association between sleep disturbances and memory disruptions in Alzheimer's disease.

6. **I/DD** **Approach to the Adult with Intellectual/Developmental Disability (I/DD) and Suspected Dementia,**
Julie Moran, DO

Adults with I/DD can display a variety of changes with age: cognitively, behaviorally, functionally, physically and emotionally. The diagnosis of dementia is often assigned haphazardly without a proper and comprehensive evaluation. This workshop will provide the participant with a framework to properly evaluate/advocate for proper evaluation of change in an aging adult with an intellectual disability.

7. **WMT** **The Power of Human Connection to Transform Lives: A Nursing Assistant Discussion Panel,**

Michelle Tristani, MS/CCC-SLP, CDP, Denise Egan, CDP, CNA, Jumaa Malika, CNA

Although nursing assistants are not family, many develop a close human connection with persons living with dementia during daily care. This panel presentation offers a nursing assistant perspective on partnering with persons living with dementia. Panelists will discuss insights into successful memory care and solutions to daily challenges while expressing how employers can empower and support them in order to foster impactful connections.

8. **AME** **Let It Shine! Making Art to Create, Engage and Empower,**
Ginny Mazur, MA, LMHC, ATR,

Erica Curcio, ATR, LMHC, Lindsey Johnson, BA, Sadie Masciave, BA, Shera Weintraub, BA

This session will provide an overview and hands on experience of how to engage and promote creativity through a variety of art programs for persons living with dementia. Benefits extend beyond art-making to include opportunities for engagement that evoke discovery, pride and accomplishment. The use of intergenerational programs and volunteers will be discussed.

9. **CBDC** **REMIND: Recognizing Early Memory Impairment Needs Assessment for Dementia,**
Laura Iglesias Lino, MD,

Dr. Lindsay Bubar, DNP, APRN, FNP-BC, Melissa Purcell, MSN, RN

Dementia remains largely underdiagnosed despite the potential benefits of early diagnosis to improve the quality of life for people living with dementia and their caregivers. This session will describe an initiative to develop a structured approach to early diagnosis of dementia. The presenters will share the results of the quality improvement project REMIND, including challenges and lessons learned.

10. **Sexuality and Intimacy as it Relates to a Person Living with Dementia,**
Tammy Pozerycki, MA, CADDCT, CFRDT, CDP

The human need for intimacy and sexuality remains for individuals living with dementia. This session will discuss redirection strategies for sexual expressions, capacity v. competence related to consent to sexual intercourse, how to discuss resident needs with family members, and ways to create a compassionate community that allows for sexual expression within care settings.

Lunch & Exhibitor Fair 12:00 p.m. - 1:30 p.m.

SESSION B 1:30 p.m. - 2:45 p.m.

11. **AC** **Approach to Care for the Dementia Patient in a General Medical-Surgical Hospital**, *David S. Harnett, MD*

Individuals living with dementia have unique vulnerabilities and treatment needs when hospitalized in medical-surgical hospitals. This session will discuss diagnostic pitfalls, the role of superimposed delirium and practical interventions including how families can be effective advocates.

12. **AC** **The Role of the Social Worker in Supporting Caregivers in the Disease Process: In the Acute Care Setting and Beyond**, *Anne Marie Olsen-Hayward, LICSW*

Sometimes family members find themselves in the unexpected role of caregiving with limited knowledge of the disease process and how to support the person living with dementia. This session will highlight gaps in support services, tips on how to start the process of psycho-education and long-term planning, how to approach difficult conversations around end of life wishes and introduce a care planning tool to help maximize support and education.

13. **R** **Evidence-Based Research on Healthy Lifestyles and Dementia**, *Joel Salinas, MD, MBA, MSc*

This workshop will provide an overview of the evidence, background and debate about the role of lifestyle habits in reducing risk for age-related cognitive impairment. Many lifestyle factors will be discussed, focusing on risk, protective factors and potential behavioral interventions for patients and families.

14. **Collaborating with Geropsych Units: When to Refer and How to Smooth Transitions**, *Anne Huntington MSN, RN-BC, Kelly Carlson, PhD, PMHNP-BC, Anne Kenney, RN, LCSW*

This workshop will provide a general understanding of care options, provided by a short term admission on a geropsychiatric unit. Participants will explore the progression of dementia, difficulties managing behavior and identifying when acute geropsychiatric hospitalization is warranted. A brief summary of evidence-based interventions will be reviewed.

15. **WMT** **Educating and Motivating Your Staff: Implementing Person-Centered Habilitation Therapy Training**, *Mary M. Bates, MS, CT, Pamela Webster, RN, Wendy Bennett, RN, Kelly MacKillop, BSN, CMSRN, Chrissy Gooden, Lorraine Kermond, MSG, CDP*

Habilitation Therapy is a non-pharmacological person-centered care approach to dementia care. This session will highlight the benefits of an evidence informed train-the-trainer program for both staff and individuals living with dementia. Strategies on how to get "buy in" from administration, how to motivate and empower staff and real life examples will be shared to help professionals start a training program in their care setting.

16. **AME** **Addressing the Spiritual Needs of Persons with Dementia in Your Work**, *Jenny Palmer, MS, PhD, Chaplain Hali Diecidue, BCC, Rabbi Jim Morgan, Rabbi Sara Paasche-Orlow, BCC*

Addressing the spiritual needs of persons with dementia and their families is vitally important but often neglected. Panelists will discuss the chaplains' understanding of spiritual needs within the varying stages of dementia and how to apply this understanding to providers' everyday care environments. Concrete ideas for implementation will be discussed.

17. **CBDC** **The Unique Values Occupational Therapy Can Bring to Cognitively Impaired Individuals and Their Caregivers in the Home Environment**, *Michelle Landry, OTD, OTR/L*

This workshop will provide participants with a general understanding of occupational therapy domains of practice, identifying factors for making a referral to OT, standardized cognitive assessment tools along with home safety tips. The focus will be on how occupational therapy can assist to improve function, safety and quality of life to help individuals with cognitive impairments to age in place.

18. **I/DD** **Environmental Adaptation in the Group Home and Community Setting to Enhance Functioning and Well-Being**, *Sandra Fournier, MSN, RN, CDDN, CBIS, Gregory Stelmach, OT/L*

This workshop will discuss the importance of environmental adaptation to enhance and maintain the functioning of individuals with dementia and intellectual disabilities. The focus will be on adaptations that are suited for implementation in the residential group home or community based settings.

19. **AME** **Thinking Outside of the Box: Using Creative and Sensory-Focused Activities in Dementia Care**, *Kelly Hoag, CDP, Marge David, RN, CDP*

This workshop will explore various therapeutic, non-pharmacological, and out of the box strategies for engaging individuals with significant cognitive impairment. Discussion will include creative approaches such as therapeutic gardening, doll and animal therapy and intergenerational engagement. The Montessori method will be highlighted and its applicability to working with individuals with dementia.

20*. **AME** **Music for Every Life: Music Therapy and Music Interventions for Individuals Living with Alzheimer's**, *Eve D. Montague, MSM, MT-BC, Amanda Reopell, MM, MT-BC*

Music therapy can have many benefits to both persons living with Alzheimer's and their care partners. Current research and practice will be shared demonstrating the effects of music on the brain for individuals living with Alzheimer's. Participants will have the opportunity to explore music activities that compliment music therapy interventions.

Rhythm, Beats, & Drums Alive with Individuals With Memory Impairment, *Alison A. Stockman, LSW, CDP*

Drumming can have a positive impact on a person's body, mind and spirit. Participants will experience a Drums Alive class, develop an understanding of activity group dynamics and how to adapt a drum activity to meet the needs of someone living with dementia.

*This breakout includes two presentations

Coffee Break 2:45 - 3:00 p.m.

SESSION C 3:00 - 4:15 p.m.

21. **AC** **From Policy to Implementation : Making Your Hospital Dementia Friendly**, *Sheila Kennedy, MD, Terrie Enis PT, MSPT, Martha Rafferty, RN, BSN, Margaret Foley RN, MSN*

To become a dementia friendly hospital, key members of the community and hospital need to be identified as stakeholders. This breakout will focus on developing a plan and timeline to become dementia friendly. Panelists will discuss the building process, motivation of professionals, tapping resources and identifying the necessary landscape for success.

22. **A Person-Centered Approach to Understanding Dementia-Related Behaviors**, *Linda Smith, BSN, RN, CMC, CDP Caitlyn Mark, MA, CDP*

In order to understand behaviors as a form of communication, professionals must know the person. This workshop will provide person-centered proven techniques for dispersing and preventing agitation and related dementia behaviors. A range of current research studies and latest texts will enable the participant to understand causes and interventions.

23. **A World with a Glass Floor: Living with Trauma and Dementia**, *Carol R. Laibson, MSW, LICSW*

This breakout will take a deeper look at how a history of trauma can impact the aging process, particularly for individuals living with dementia. Both interactive and didactic discussion will include the topics of trauma triggers, personal history's influence on behaviors and strategies for providing care for someone with dementia and a history of trauma.

24. **CBDC** **Strategies to Compensate for Cognitive Losses**, *Julie Brody Magid, PsyD*

Individuals with mild cognitive impairment experience many cognitive losses that affect their day-to-day functioning. Evidence-based strategies will be shared that can help affected individuals compensate for limitations. Techniques covered will include ways to enhance attentional focus and limit distractibility as well as techniques to improve mental tracking, word retrieval, medication adherence, planning/time management and encoding/retrieval of new information.

25. **As the LGBTQ World Turns**, *Kelly McCarthy, BS, Barbara A. Meehan, MS*

The session will provide the attendees with a greater knowledge of the aging LGBTQ community and the impact of memory loss. Discussion includes caregivers and their range of acceptance and willingness to share information about their loved one. Attendees will identify how the progression of the disease may affect the perception of the individual's own sexual identity and ways to provide sensitivity training.

26. **CBDC** **Opening Minds, Reducing Stigma**, *Maura Moxley, LSW, CDP, Pam MacLeod, MBA, PMP, Beth Soltzberg, MSW, MBA, Patty Sullivan, MS*

There is a deep rooted stigma in our society attached to the diagnosis of dementia. Many people face the burden of feeling they need to hide their diagnosis from friends, family and community. This session will include an overview of Dementia Friendly Massachusetts, how to build communities to be more inclusive and how to help people living with dementia to remain engaged and connected.

27. **CBDC** **Navigating the Road to Driving Retirement**, *Ann M Hollis OTR/L, Lissa R. Kapust, LICSW, Margaret O'Connor, PhD*

This workshop will provide an understanding of the importance of driving to an independent lifestyle, how Alzheimer's disease can compromise driving safety and tips on the identification and management of 'at risk' drivers. The program, DriveWise, will be shared as an example of a comprehensive driving evaluation.

28. **I/DD** **Offering Meaningful Engagement and Activities for Those Living with Intellectual Disabilities and Dementia**, *Sandra L. Fournier, MSN, RN, CDDN, CBIS, Gregory Stelmach, OT/L*

This workshop will explore activities that are designed to engage individuals with dementia and intellectual disabilities, with the goal of helping to preserve function and routine for as long as possible. Discussion will include activity modifications and the importance of using one's "life story" when designing activities.

29. **AME** **Include, Involve, Engage!**, *Noreen Shea, BS, CADDCT, CCDP, ADCP, PTA, Karen McCarthy COTA/L, LPN, CDP, CPACT*

This workshop will provide a general understanding of how to include, involve and engage individuals in various stages of dementia in a successful group activity. Attendees will take part in a small group activity to help understand the different dimensions of engagement.

30. **WMT** **Unwind with Music: Music-Based Stress Management**, *Annette Whitehead-Pleaux, MA, MT-BC*

This workshop includes experiential learning about workplace stress, its impact on us and ways we can use music to combat the effects of stress. It involves a group songwriting experience about workplace stress, discussion of the physical, cognitive, and emotional impacts of stress, followed by a music assisted relaxation experience. Participants will leave with their own personal relaxation playlist.


THE LONGEST DAY

alzheimer's association

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IS THE DAY WE FIGHT!**

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Faculty

- Susan Antkowiak**, BS, Vice President of Programs and Services, Alzheimer's Association, MA/NH
- Mary M. Bates**, MS, CT, Social Services Director, The Morrison
- Wendy Bennett**, RN, BLS, Registered Nurse, The Morrison
- Alice Bonner**, PhD, RN, Senior Advisor in Aging, Institute for Healthcare Improvement and Director of Strategic Partnerships for the CAPABLE Program, Johns Hopkins University School of Nursing
- Katie Brandt**, MM, Community Research Specialist, Frontotemporal Disorders Unit, MGH
- Lindsay Bubar**, DNP, APRN, FNP-BC, Nurse Practitioner, Commonwealth Care Alliance
- Kelly Carlson**, PhD, PMHNP-BC, Professional Development Specialist, McLean Hospital
- Erica Curcio**, ATR, LMHC, Enriched LIFE Director, Goddard House
- Marguerite David**, RN, Caregiver and Case Manager, Seniors Helping Seniors of Greater Boston
- Bradford Dickerson**, MD, MMSC, Director, Frontotemporal Dementia Unit, MGH; Associate Professor, Harvard Medical School
- Hali Diecidue**, BCC, Senior Staff Chaplain, Hebrew SeniorLife
- Denise Egan**, CDP, CNA, Lead Resident Care Associate, Benchmark Senior Living
- Terrie Enis**, PT, MSPT, Director of Ambulatory Services and Service Line Development, Emerson Hospital
- Margaret Foley** RN, MSN, Director Care Management, Emerson Hospital
- Brent Forester**, MD, MSc, Chief, Division of Geriatric Psychiatry, McLean Hospital; Medical Director, Behavioral Health, Center for Population Health, Partners HealthCare; Assistant Professor of Psychiatry, Harvard Medical School
- Sandra Fournier**, MSN, RN, CDDN, CBIS, LTSS Oversight Manager, Neighborhood Health Plan of RI
- Chrissy Gooden**, Activities Director, The Morrison
- David S. Harnett**, MD, Attending Psychiatrist & Clinical Professor of Psychiatry, Tufts Medical Center
- Kelly Hoag**, CDP, Director of Client Services, Seniors Helping Seniors of Greater Boston
- Anne M. Hollis**, OTR/L, Occupational Therapist, Beth Israel Deaconess Medical Center
- Anne Huntington**, MSN, RN-BC, Nurse Director, Cognitive Neuropsychiatry Unit, McLean Hospital
- Laura Iglesias Lino**, MD, Geriatrician, Commonwealth Care Alliance
- Judith Johanson**, Wife, Caregiver and Advocate
- Lindsey Johnson**, BA Psychology, Art Volunteer, Goddard House
- Lissa R. Kapust**, LICSW, DriveWise, Program Founder and Coordinator, Beth Israel Deaconess Medical Center
- Ksenia V. Kastanenka**, PhD, Assistant Professor, MGH, Harvard Medical School
- Sheila Kennedy**, MD, Medical Director of Quality/Hospitalist, Emerson Hospital
- Anne Kenney**, RN, LCSW, Administrative Nursing Supervisor, McLean Hospital
- Lorraine Kermond**, MSG, CDP, Manager of Professional Education, Alzheimer's Association, MA/NH
- Carol R. Laibson**, MSW, LICSW, Clinical Manager, Jewish Family and Children's Service
- Michelle Landry**, OTD, OTR/L, Rehabilitation Manager, Brockton Visiting Nurse Association
- Kelly MacKillop**, BSN, CMSRN, RN Staff Educator, The Morrison
- Pam MacLeod**, MBA, PMP, Senior Program Development Associate, MA Executive Office of Elder Affairs
- Julie Brody Magid**, PsyD, Clinical Director, Memory Disorders Assessment Clinic, McLean Hospital
- Jumaa Malika**, CNA, Resident Care Coordinator, Benchmark Senior Living
- Caitlyn Mark**, MA, CDP, Executive Director, Compass on the Bay
- Sadie Masciave**, BA, Intern, Goddard House
- Ginny Mazur**, MA, LMHC, ATR, Academic and Community Arts Advisor, Goddard House Assisted Living
- Karen McCarthy**, COTA/L, LPN, CDP, Training Specialist, Salmon Health and Retirement
- Kelly McCarthy**, BS, Corporate Director of Memory Care and Engagement Services, LCB Senior Living
- Barbara A. Meehan**, MS, Volunteer Alzheimer's Advocate
- Eve D. Montague**, MSM, MT-BC, Director, Creative Arts Therapies, South Shore Conservatory
- Julie Moran**, DO, Consultant, Intellectual and Developmental Disabilities, Geriatrics, Tewksbury Hospital
- Jim Morgan**, Rabbi/Chaplain, Hebrew SeniorLife
- Maura Moxley**, LSW, CDP, Director of Community Engagement, Alzheimer's Association, MA/NH
- Margaret O'Connor**, PhD, Neuropsychologist, Beth Israel Deaconess Medical Center
- Anne Marie Olsen-Hayward**, LICSW, Outpatient Geriatric Therapist, Frisbie Memorial Hospital Geropsychiatry
- Sara Paasche-Orlow**, BCC, Rabbi, Director of Spiritual Care, Hebrew SeniorLife
- Jenny Palmer**, MS, PhD, Investigator, Marcus Institute for Aging Research, Hebrew SeniorLife
- Linda Pellegrini**, MS, GNP-BC, Gerontological Nurse Practitioner, Division of Geriatrics, UMass Memorial Medical Center
- Tammy Pozerycki**, MA, CADDCT, CFRDT, CDP, Owner, Educator, and Consultant, Alternatives in Alzheimer's Care, LLC
- Melissa Purcell**, MSN, RN, Clinical Site Manager, Commonwealth Care Alliance
- Megan Quimby**, MS, CCC-SLP, Speech-Language Pathologist, MGH
- Martha Rafferty**, RN, BSN, Director, Emergency Services, Emerson Hospital
- Amanda Reopell**, MM, MT-BC, Music Therapist, South Shore Conservatory
- Joel Salinas**, MD, MBA, MSc, Neurologist, MGH, Harvard Medical School
- Noreen Shea**, CADDCT, CDP, ADPC, PTA, CFACT, BS, Director of Memory Care and Activities, Notre Dame Health Care
- Linda Smith**, BSN, RN, CMC, CDP, Nurse Life Care Manager, Metrowest Eldercare Management
- Beth Soltzberg**, MSW, MBA, Director, Alzheimer's/Related Disorders Family Support Program, Jewish Family & Children's Services
- Gregory M. Stelmach**, OT/L, President, Visiting Rehab and Nursing Services
- Alison Stockman**, LSW, CDP, Avita Program Director, Laurelwood at the Pinehills, A Northbridge Company
- Patty Sullivan**, MS, Program Manager, Dementia Friendly Massachusetts, MA Councils on Aging
- Michelle Tristani**, MS/CCC-SLP, CDP, Corporate Director of Memory Care, Benchmark Senior Living
- Pamela Webster**, RN, Charge Nurse, Morrison Nursing
- Shera Weintraub**, Art Therapy Intern, Goddard House
- Jim Wessler**, CEO, Regional Leader, Alzheimer's Association
- Susan Wehry**, MD, Chief of Geriatrics, University of New England College of Osteopathic Medicine
- Annette Whitehead-Pleaux**, MA, MT-BC, Senior Clinical Supervisor, Roman Music Therapy Services
- Bonnie Wong**, PhD/ABPP-CN, Neuropsychologist, Frontotemporal Disorders Unit, MGH

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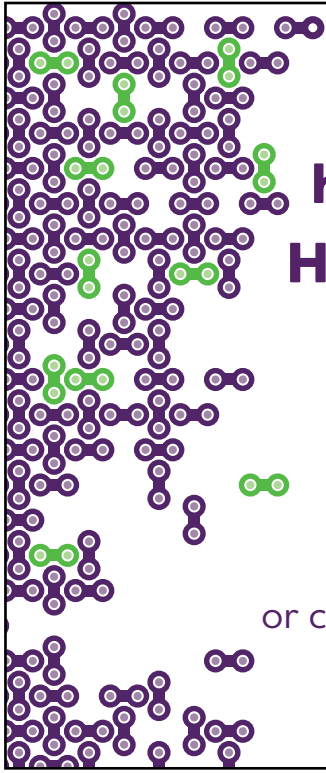
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ALZ MEET UPS

Small, organized group activities that are designed to connect individuals living with mild Alzheimer's or other dementias through enjoyable experiences.

Visit

communityresourcefinder.org

for more engagement programs
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alzheimer's  association®

CARE CONSULTATIONS

The Alzheimer's Association, MA/NH Chapter provides Care Consultations that are free-of-charge, confidential and personalized for individuals and families. Each of the consultants has expertise and experience in the field of dementia care. Consultations can be provided via phone or online, in addition to in-person.

For more information, please call our 24/7 Helpline at 800.272.3900

PARTNER WITH US!

Dementia Care Coordination is a partnership program between the Alzheimer's Association & a Health System designed to change the medical management of dementia.

**For more information, visit
alzmassnh.org/dcc**

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NEW PROFESSIONAL TRAINING

The new training has been recognized and approved by the Alzheimer's Association. It includes the nationally recognized peer-reviewed, evidence-based person-centered care approach from the Alzheimer's Association Dementia Care Practice Recommendations.

Caring for Individuals Living with Alzheimer's: A Habilitation Training Curriculum

Our new curriculum is a train-the-trainer model created to prepare attendees, already familiar with Alzheimer's and dementia care, to train direct care staff in a wide range of care settings. The 7-hour training teaches attendees the 13-hour curriculum based on the person-centered model of Habilitation Therapy.

Module Topics

- Understanding Alzheimer's and Dementia: Caring for the Person
- Person-Centered Care Model: Habilitation Therapy
- Person-Centered Assessment: Knowing the Individual
- Communication Skills: Creating a Positive Social Environment
- The Physical Environment Makes a Difference
- Approach to Personal Care: Knowing the Person
- Activity Based Person-Centered Care
- Behavior as Communication: Understanding and Responding
- Supporting Families and Caring for Ourselves

Why Attend?

- Cost-effective and sustainable training approach
- Evidence-informed curriculum
- Person-centered care approach



IMPORTANT INFORMATION

If you attended our previous train-the-trainer program, you may be eligible to purchase a new training manual without attending the training. Eligible criteria:

- You attended an Alzheimer's Association, MA/NH Chapter train-the-trainer program within the last five years.
- The Alzheimer's Association, MA/NH Chapter can confirm you attended.

For more information and to register visit alzmassnh.org/hab

Sponsor & Exhibitor Fair

Take advantage of this opportunity to showcase your programs and services to 800+ dementia care specialists at the largest professional dementia care conference in New England. Multi-level sponsorship opportunities available that include complimentary registration. Exhibitor cost is \$650. For more information and to register visit alzmassnh.org/map.

Exhibitor deadline May 1, 2019 or while space available.

The Sponsor and Exhibitor Fair is open:

- 7:45 - 9:00 a.m.
- 10:15 - 10:45 a.m.
- 12:00 - 1:30 p.m.

Registration Information

Early registration is encouraged for this conference as it frequently sells out, there is no same-day registration.

NEW Student Rate: Limited slots available for students at a discounted rate of \$125. Proof of student status is required. Copy of student ID or valid student email address are accepted. Slots will be given on a first-come, first-serve basis. For more information and to register with discounted rate, contact Sarah Dias at sdais@alz.org.

Conference Assistants: We will offer a discounted rate of \$125 for a limited number of volunteer slots (responsibilities include early set up and/or session hosts). Slots will be given on a first-come basis. Conference assistant slots must be confirmed with Sarah Dias before registration. Email sdias@alz.org for more information, or call 617-868-6718.

Purchase Orders: To reduce confusion in matching corporate checks sent separately from registrations, please include on the registration: *PO number, company name as it will appear on the check, contact name and registrant name(s).*

Refund Policy: Notice of cancellation must be received by May 8. A \$30 administrative charge will be deducted.

CEUs

A certificate of attendance is provided to all conference attendees at no charge. In order to receive a certificate, you must attend the keynote and three sessions, and complete a conference evaluation. You are also required to sign in/out at the registration table.

Nursing: This program meets the requirements for 5.25 nursing contact hours as specified by the Massachusetts Board of Registration in Nursing -- 244 CMR 5.04

Activity Professionals: Application has been made to the National Certification Council for Activity Professionals (NCCAP) for approval of 5.0 continuing education hours for activity professionals. Approval # is pending.

Social Work: Application for social work continuing education credits has been submitted. Please contact us at the Alzheimer's Association for the status of social work CE accreditation.

CEUs or certificate of attendance will be provided to all attendees.

Registration Form

Register online at alzmassnh.org/map (credit cards only). Registration form below is for check or purchase order payment only.

One registrant per form. Please complete entire form.

Name: _____

Home Address: _____

City: _____

State: _____ Zip: _____

Daytime Phone: (____) _____

E-Mail: _____

Your Job Title: _____

Company Name: _____

Paying by credit card? Visit www.alzmassnh.org/map

Concurrent Breakout Sessions:

Registration includes three breakout sessions. Please indicate your selection (by session number) for each breakout time.

- A. 10:45 a.m. - 12 p.m. Breakout # _____ (1-10)
- B. 1:30 p.m. - 2:45 p.m. Breakout # _____ (11-20)
- C. 3 p.m. - 4:15 p.m. Breakout # _____ (21-30)

Fees:

- \$195 Early registration. **MUST** be received by 4/11 – Before 11:59 p.m.
- \$220 4/12 – As available

Amount of Payment: _____

Mail-in registration must be postmarked on or before the deadline to receive reduced rates.

Payment or purchase order must accompany registration.

Check Enclosed _____ Purchase Order _____

Please mail form with payments to:
MTTM, Alzheimer's Association
309 Waverley Oaks Road, Waltham MA, 02452

Purchase Order Payment:
Please include a copy of your PO/check request

Registrant Name: _____

PO Number: _____

PO Contact Name: _____

PO Contact Phone: _____

Online registration and credit card payment, visit alzmassnh.org/map

Questions? Contact Sarah Dias at sdias@alz.org or 617.868.6718

A MAP THROUGH THE MAZE

*Conference for Alzheimer's
Care Professionals*

#MAP19ALZ

May 22, 2019

DCU Center
50 Foster Street
Worcester, MA

44 New Presenters

27 New Topics

**Six Tracks Including a New Track:
“Workforce Management & Training”**

CEUs Included

REGISTER TODAY AT alzmassnh.org/MAP